# US Club Cross Country Championships – Portland, OR

# December 4, 2004 Master Results

Masters Women 6 km Run CC

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Name Age Team Finals

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W40 Results

1 Steen, Karen W40 Club Northwest 25:20.13

2 Paddon, Kate W42 Adidas Woodr 26:08.91

3 Bellan, Patricia W41 YMCA Team Idaho 26:18.54

4 Hutchinson, Helene W40 Bowerman Ath 26:56.71

5 Kramer, Sarah W44 unattached 27:21.64

6 Neal, Michelle W43 Club Northwest 27:22.65

7 Rohloff, Julie W41 Asics Aggie 27:56.00

8 Toro Scheib, Wanda W42 unattached 28:09.81

9 Wright, Sheri W40 Running Repu 28:11.71

10 Hanna, Mary W43 Seattle Running 28:48.08

11 Murphy, Karen W44 Running Repu 28:49.16

12 Redding, Becky W40 Bowerman Ath 28:51.83

13 Nelson, Melissa W42 Fairhaven Runners 28:57.22

14 Price-Miller, Marcia W42 YMCA Team Idaho 29:06.10

15 Jeffers, Karen W41 Fleet Feet S 29:10.68

16 Moreno-Roch, Lorie W40 Running Repu 29:12.36

17 Shipman, Teri W42 Fairhaven Runners 29:35.85

18 Keller, Carol W44 Impala Racing Team 29:40.09

19 Olson, Michelle W43 Bowerman Ath 29:44.57

20 Wray, Lori W40 Fleet Feet S 29:52.77

21 Hylden, Nancy W40 Run N Fun 29:57.10

22 Brown, Theresa W44 Fleet Feet S 30:04.20

23 Jarman-Miller, Luanne W43 Bowerman Ath 30:36.39

24 Riggs, Tonya W41 Boulder Road 32:00.06

25 Fawcett, Jennifer W42 Boulder Road 32:52.49

26 Erickson, Kris W40 Wasatch Athletics 33:04.20

27 Redick, Deanna W42 Seattle Running 33:25.93

W45 Results

1 Ayala-Troncoso, Carmen W45 unattached 25:10.58

2 Joyce, Regina W47 Club Northwest 25:58.53

3 Joyce, Monica W46 Tortoise & H 26:01.29

4 Teppo, Jennifer W46 Bowerman Ath 26:20.18

5 Freitas, Sara W46 Impala Racing Team 26:58.69

6 Foote, Denise W45 Bowerman Ath 27:43.46

7 O'Brien, Audrey W45 Bowerman Ath 28:09.73

8 Kruell, Kelly W45 Club Northwest 28:27.86

9 Severa, Carol W47 YMCA Team Idaho 28:37.72

10 Dowling, Catriona W46 Boulder Road 28:45.46

11 Bartley, Mo W49 Impala Racing Team 28:46.10

12 Buttner, Martha W48 Boulder Road 29:46.16

13 Cordes, Suzanne W45 Impala Racing Team 30:23.19

14 Vocelka, Lynn W46 unattached 30:34.94

15 Zimmerman, Cheryl W46 Fairhaven Runners 30:51.73

16 Barraza-Lee, Debbie W48 SO Cal Track Club 30:58.55

17 Benson, Carolyn W47 Running Repu 31:00.87

18 Clarke-Steffen, Laura W46 Quest Club O 31:03.09

19 Contreras, Patricia W46 SO Cal Track Club 31:12.74

20 Hatfield, Nancy W48 YMCA Team Idaho 31:48.00

21 Grigsby, Sue W48 unattached 31:54.97

22 Favinger, Polly W46 Fairhaven Runners 32:16.17

23 Sarto, Suzanne W45 Running Repu 33:16.26

24 Koob, Marilyn W48 YMCA Team Idaho 33:36.90

25 Tolford, Heather W46 unattached 34:08.80

26 Durden, Amie W48 Boulder Road 35:23.66

27 Schieffer, Shelly W46 unattached 35:49.10

28 Piscitelli, Mickey W48 Syracuse Cha 37:30.38

29 Simerson, Sally W45 Boulder Road 46:32.89

W50 Results

1 Martin, Kathryn W53 Northport Ru 26:52.57

2 Halgren, Sandi W52 Fairhaven Runners 29:11.79

3 Nicoletti, Catherine W53 Boulder Road 31:33.89

4 Hughes, Janet W54 Boulder Road 31:43.77

5 Janneck, Denise W51 SO Cal Track Club 32:00.99

6 Koren, Marcia W54 Snohomish Tr 33:22.56

7 Haugejorde, Ann W50 Run N Fun 33:29.61

8 Dejong, Marlis W53 Seattle Runn 37:03.78

9 Green, Lorraine W52 Boulder Road 37:22.86

10 Olson, Cathy W52 YMCA Team Idaho 41:10.72

W55 Results

1 Slinger, Kathleen W57 YMCA Team Idaho 32:33.72

2 Nelson, Phyllis W57 Snohomish Tr 34:20.43

3 Trotto, Mary W57 unattached 39:33.15

4 Page, Linda W59 Snohomish Tr 41:25.05

5 Emigh, Patricia W55 Boulder Road 43:36.91

W60 Results

1 Hunter, C. Gail W60 Boulder Road 33:33.50

2 Moir, Judith W62 Boulder Road 36:29.85

3 Griffiths, Vicki W61 Fairhaven Runners 37:27.81

4 Wright, Regina W62 Liberty Athl 38:13.14

5 Hatch, Andrea W61 Liberty Athl 43:02.80

6 LeMire, Joyce W61 Boulder Road 52:47.75

W65 Results

1 Harada, Mary W69 Liberty Athl 38:59.02

2 Calhoun, Lois W69 Boulder Road 39:01.51

3 Smythe, Judith W67 Boulder Road 39:16.03

4 Hodges-Hite, Joyce W67 Atlanta Track Club 47:58.00

W70 Results

1 Macklow, Barbara W70 Fairhaven Runners 39:57.66

2 Sherman, Sue W73 Boulder Road 1:04:41.03

W75 Results

1 Smalley, Nancy W78 Boulder Road 55:22.33

W80 Results

1 Adams, Louise W82 Boulder Road 59:09.02

# USATF National Club XC Championships – Portland, OR

# December 4, 2004

# Masters Women 6k Age-Graded Results

**TOP 10**

1 Martin, Kathryn 8 W53 Northport, NY 26:53 78.98%

2 Ayala-Troncoso,Carmen 1 W45 unattached 25:11 76.64%

3 Joyce, Regina 3 W47 Club Northwest 25:59 75.88%

4 Joyce, Monica 4 W46 Tortoise & H 26:03 74.86%

5 Teppo, Jennifer 7 W46 Bowerman AC 26:21 74.00%

6 Steen, Karen 2 W40 Club Northwest 25:20 73.16%

7 Freitas, Sara 10 W46 Impala Racing Team 26:59 72.27%

8 Paddon, Kate 5 W42 Adidas Woodr 26:09 71.89%

9 Halgren, Sandi 28 W52 Fairhaven Runners 29:12 71.80%

10Bellan, Patricia 6 W41 YMCA Team Idaho 26:19 70.87%

# US Club Cross Country Championships – Portland, OR

# December 4, 2004 Masters Women’s 6k Results

**Selected Age Graded Results**

Name Age Team Time Age Grading ============================================================================

W40 Results

1 Steen, Karen W40 Club Northwest 25:20 73.16% 6th

2 Paddon, Kate W42 Adidas Woodr 26:09 71.89 8th

3 Bellan, Patricia W41 YMCA Team Idaho 26:19 70.87 10th

4 Hutchinson, Helene W40 Bowerman Ath 26:57 68.77

5 Kramer, Sarah W44 unattached 27:22 69.85

6 Neal, Michelle W43 Club Northwest 27:23 69.20

7 Rohloff, Julie W41 Asics Aggie 27:56

8 Toro Scheib, Wanda W42 unattached 28:10

9 Wright, Sheri W40 Running Repu 28:12

10 Hanna, Mary W43 Seattle Running 28:49

11 Murphy, Karen W44 Running Repu 28:50

12 Redding, Becky W40 Bowerman Ath 28:52

13 Nelson, Melissa W42 Fairhaven Runners 28:58

14 Price-Miller, Marcia W42 YMCA Team Idaho 29:07

15 Jeffers, Karen W41 Fleet Feet S 29:11

16 Moreno-Roch, Lorie W40 Running Repu 29:13

17 Shipman, Teri W42 Fairhaven Runners 29:36

18 Keller, Carol W44 Impala Racing Team 29:41

19 Olson, Michelle W43 Bowerman Ath 29:45

20 Wray, Lori W40 Fleet Feet S 29:53

21 Hylden, Nancy W40 Run N Fun 29:58

22 Brown, Theresa W44 Fleet Feet S 30:05

23 Jarman-Miller, Luanne W43 Bowerman Ath 30:37

24 Riggs, Tonya W41 Boulder Road 32:01

25 Fawcett, Jennifer W42 Boulder Road 32:53

26 Erickson, Kris W40 Wasatch Athletics 33:05

27 Redick, Deanna W42 Seattle Running 33:26

W45 Results

1 Ayala-Troncoso, Carmen W45 unattached 25:11 76.64% 2nd

2 Joyce, Regina W47 Club Northwest 25:59 75.88 3rd

3 Joyce, Monica W46 Tortoise & H 26:03 74.86 4th

4 Teppo, Jennifer W46 Bowerman Ath 26:21 74.00 5th

5 Freitas, Sara W46 Impala Racing Team 26:59 72.27 7th

6 Foote, Denise W45 Bowerman Ath 27:44 69.59

7 O'Brien, Audrey W45 Bowerman Ath 28:10

8 Kruell, Kelly W45 Club Northwest 28:28

9 Severa, Carol W47 YMCA Team Idaho 28:38

10 Dowling, Catriona W46 Boulder Road 28:46

11 Bartley, Mo W49 Impala Racing Team 28:47

12 Buttner, Martha W48 Boulder Road 29:47

13 Cordes, Suzanne W45 Impala Racing Team 30:24

14 Vocelka, Lynn W46 unattached 30:35

15 Zimmerman, Cheryl W46 Fairhaven Runners 30:52

16 Barraza-Lee, Debbie W48 SO Cal Track Club 30:59

17 Benson, Carolyn W47 Running Repu 31:01

18 Clarke-Steffen, Laura W46 Quest Club O 31:04

19 Contreras, Patricia W46 SO Cal Track Club 31:13

20 Hatfield, Nancy W48 YMCA Team Idaho 31:48

21 Grigsby, Sue W48 unattached 31:55

22 Favinger, Polly W46 Fairhaven Runners 32:17

23 Sarto, Suzanne W45 Running Repu 33:17

24 Koob, Marilyn W48 YMCA Team Idaho 33:37

25 Tolford, Heather W46 unattached 34:09

26 Durden, Amie W48 Boulder Road 35:24

27 Schieffer, Shelly W46 unattached 35:50

28 Piscitelli, Mickey W48 Syracuse Cha 37:31

29 Simerson, Sally W45 Boulder Road 46:33

W50 Results

1 Martin, Kathryn W53 Northport Ru 26:53 78.98% 1st

2 Halgren, Sandi W52 Fairhaven Runners 29:12 71.80 9th

3 Nicoletti, Catherine W53 Boulder Road 31:34 67.27

4 Hughes, Janet W54 Boulder Road 31:44

5 Janneck, Denise W51 SO Cal Track Club 32:01

6 Koren, Marcia W54 Snohomish Tr 33:23

7 Haugejorde, Ann W50 Run N Fun 33:30

8 Dejong, Marlis W53 Seattle Runn 37:04

9 Green, Lorraine W52 Boulder Road 37:23

10 Olson, Cathy W52 YMCA Team Idaho 41:11

W55 Results

1 Slinger, Kathleen W57 YMCA Team Idaho 32:34 68.78%

2 Nelson, Phyllis W57 Snohomish Tr 34:21

3 Trotto, Mary W57 unattached 39:34

4 Page, Linda W59 Snohomish Tr 41:26

5 Emigh, Patricia W55 Boulder Road 43:37

W60 Results

1 Hunter, C. Gail W60 Boulder Road 33:34 69.56%

2 Moir, Judith W62 Boulder Road 36:30

3 Griffiths, Vicki W61 Fairhaven Runners 37:28

4 Wright, Regina W62 Liberty Athl 38:14

5 Hatch, Andrea W61 Liberty Athl 43:03

6 LeMire, Joyce W61 Boulder Road 52:48

W65 Results

1 Harada, Mary W69 Liberty Athl 39:00 68.68%

2 Calhoun, Lois W69 Boulder Road 39:02

3 Smythe, Judith W67 Boulder Road 39:17

4 Hodges-Hite, Joyce W67 Atlanta Track Club 47:58

W70 Results

1 Macklow, Barbara W70 Fairhaven Runners 39:58 68.14%

2 Sherman, Sue W73 Boulder Road 1:04:42

W75 Results

1 Smalley, Nancy W78 Boulder Road 55:23 56.70%

W80 Results

1 Adams, Louise W82 Boulder Road 59:10 58.06%

Team Scores (scored by total time)

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Rank Team Total 1 2 3 \*4 \*5 \*6 \*7 \*8 \*9

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40-49 Results

1 Club Northwest 10 1 2 7 11

Total Time: 1:18:41.31

Average: 26:13.77

2 Bowerman Athletic Club 17 4 5 8 9 16

Total Time: 1:21:00.35

Average: 27:00.12

3 YMCA Team Idaho 33 3 12 18 32 36

Total Time: 1:24:02.36

Average: 28:00.79

4 Impala Racing Team 43 6 14 23 27

Total Time: 1:25:24.88

Average: 28:28.30

5 Running Republic of Bou 46 10 15 21 30 38

Total Time: 1:26:13.23

Average: 28:44.41

6 Fairhaven Runners 59 17 20 22 28 35

Total Time: 1:27:44.86

Average: 29:14.96

7 Fleet Feet Sports-Sacra 70 19 25 26

Total Time: 1:29:07.65

Average: 29:42.55

8 Boulder Road Runners 70 13 24 33 37 39

Total Time: 1:30:31.68

Average: 30:10.56

9 SO Cal Track Club 94 29 31 34

Total Time: 1:34:12.28

Average: 31:24.10

10 Seattle Running Club

Total Time: 1:39:17.79

Average: 33:05.93

50-59 Results

1 Boulder Road Runners 8 1 2 5 7

Total Time: 1:40:40.53

Average: 33:33.51

2 Snohomish Track Club 13 3 4 6

Total Time: 1:49:08.04

Average: 36:22.68

60-69 Results

1 Boulder Road Runners 8 1 2 5 6 8

Total Time: 1:49:04.86

Average: 36:21.62

2 Liberty Athletic Club 14 3 4 7

Total Time: 2:00:14.96

Average: 40:04.99

70-79 Results

1 Boulder Road Runners 6 1 2 3

Total Time: 2:59:12.38

Average: 59:44.13

Masters Men 10 km Run CC

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Name Age Team Finals

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M40 Results

1 Pope, Brian M42 SO Cal Track Club 36:03.65

2 Nelson, Daniel M40 Excelsior Ru 36:27.81

3 Magill, Peter M43 Team Runners High 36:28.73

4 Gonzalez, Daniel M42 Asics Aggie 36:39.01

5 Kelly, Kevin M40 unattached 36:45.16

6 Gonzalez, Oscar M40 Team Runners High 36:50.90

7 Reyes, Tony M43 SO Cal Track Club 36:57.65

8 Ames, Andrew M41 Boulder Road 37:03.01

9 Spangenberg, Brian M40 Excelsior Ru 37:19.44

10 DiConti, Andy M42 Team Runners High 37:26.26

11 Ostenberg, Kevin M44 Asics Aggie 37:35.10

12 Steinmaus, Craig M42 Excelsior Ru 37:41.45

13 Winders, Lance M41 Chattanooga 37:43.16

14 Platt, Michael M43 Genesee Vall 37:45.62

15 Toepfer, Chris M42 Universal So 37:46.66

16 Roman, Angel M42 Team Runners High 37:49.47

17 Banovich, Tony M42 Yellowstone 37:57.74

18 Evans, Sean M43 Bowerman Ath 38:10.54

19 Ensign, Timothy M41 Chattanooga 38:11.62

20 O'Hearn, John M42 Club Northwest 38:12.18

21 Atkeson, Andrew M43 Team Runners High 38:13.60

22 Sapienza, James M41 Club Northwest 38:21.58

23 Garibaldi, Ralph M41 SO Cal Track Club 38:25.57

24 Ruggio, Michael M42 Universal So 38:26.99

25 Griffiths, Brent M41 Asics Aggie 38:39.26

26 Londos, Dale M40 Oregon Track 38:40.07

27 Mancini, Dan M40 Excelsior Ru 38:42.06

28 Gouwens, Hans M43 Excelsior Ru 38:47.61

29 Dudman, Joseph M40 Oregon Track 38:48.82

30 Paulk, Kevin M44 Bowerman Ath 38:49.77

31 Case, Charlie M42 Bowerman Ath 38:53.03

32 Kinter, Michael M40 Asics Aggie 38:57.26

33 Bischoff, David M42 Genesee Vall 39:01.66

34 Mickle, Iain M44 River City Rebels 39:03.85

35 Wagner, Patrick M43 Oregon Track 39:13.87

36 Fielding, Jeff M43 Oregon Track 39:25.16

37 Barnard, Matthew M44 Run N Fun 39:31.51

38 Abdalla, Paul M43 Club Northwest 39:32.81

39 Hegelbach, Peter M40 Boulder Road 39:39.87

40 Lombardi, Ron M40 Fast Feet Tr 39:42.21

41 Olds, David M43 Team Runners High 39:44.77

42 Brown, Ian M42 Club Northwest 39:46.48

43 Davis, Sam M43 Greater Lowe 39:47.79

44 Wallen, Tim M41 Excelsior Ru 40:12.07

45 Conradt, Robert M44 Bowerman Ath 40:13.50

46 Miller, David M44 Universal So 40:16.86

47 Townsend, Kendall M43 Fairhaven Runners 40:21.88

48 Kerby, James M41 Seattle Runn 40:24.53

49 Rossi, Carl M42 unattached 40:36.47

50 Glavin, Peter M42 Genesee Vall 40:38.66

51 McCoubrey, Scott M42 Seattle Runn 40:44.48

52 Johnson, Joe M43 Chattanooga 40:46.51

53 van Kerkhove, John M42 Genesee Vall 40:55.08

54 Rayl, Eric M43 Seattle Runn 41:04.66

55 Loreen, Mark M40 Fairhaven Runners 41:08.15

56 White-Espin, Dave M43 Seattle Runn 41:08.49

57 Mann, Jeff M41 Fleet Feet S 41:16.23

58 Stewart, Carl M42 unattached 41:19.59

59 Hatfield, David M40 Team Red Lizard 41:34.27

60 Shaver, Jeff M44 Asics Aggie 41:34.88

61 Cobler, Bill M41 Wasatch Athletics 41:41.37

62 Hanson, Kevin M40 Run N Fun 41:45.22

63 Prokop, Bert M44 Fast Feet Tr 41:49.99

64 Pettee, Allen M40 Genesee Vall 41:57.39

65 Smithee, Larry M41 Wasatch Athletics 42:13.22

66 Sloane, Jay M42 Fairhaven Runners 42:20.95

67 Coffey, Tony M42 Asics Aggie 42:24.60

68 Bartlett, Craig M42 Fairhaven Runners 43:06.48

69 Terry, Dave M43 Seattle Runn 43:09.67

70 Dorneker, Ron M43 Universal So 43:21.64

71 Petersen, Kristian M42 River City B 43:41.25

72 Gray, Michael M40 Quest Club O 43:55.25

73 Harding, David M44 Team Red Lizard 44:05.78

74 Cimini, Kevin M44 River City Rebels 44:06.04

75 Guertin, Doug M41 Fast Feet Tr 44:15.64

76 Auskern, Barry M44 Fast Feet Tr 45:19.18

77 Sanders, Mike M42 Team Red Lizard 45:37.76

78 Doctor, Mark M41 unattached 45:42.97

79 Bitsko, Jim M44 Atlanta Track Club 45:53.68

80 Ricci, Paul M44 Fairhaven Runners 47:18.13

81 Guzman, Henry M40 Boulder Road 47:30.78

82 Zapf, Stanley M43 unattached 48:25.72

83 Collins, John M43 Team Red Lizard 48:43.20

84 Ankhelyi, Mickey M41 Fleet Feet S 51:57.73

85 Coe, Michael M40 Fleet Feet S 55:19.70

86 Benlein, Frederick M40 Greater Long 1:08:36.93

M45 Results

1 Borschel, Thomas M47 unattached 37:37.07

2 Sanders, Odis M45 Oregon Track 37:43.78

3 Coats, Chuck M45 Bowerman Ath 38:01.72

4 Schwelm, Bob M45 unattached 38:36.15

5 Putnam, Eric M46 Chattanooga 38:38.79

6 Parsel, Dave M49 Team Runners High 38:50.24

7 Slavin, Michael M45 Excelsior Ru 38:59.67

8 Smith, Michael M46 Club Northwest 39:01.13

9 Varga, Chad M46 Chattanooga 39:07.49

10 Aasum, Jamin M45 Bowerman Ath 39:11.72

11 Allen, Mac M47 D.C. Capitol 39:25.60

12 Magallanes, Emil M49 Asics Aggie 39:35.59

13 Giannobile, Paul M45 Run N Fun 39:44.01

14 Paxton, Bobby M48 Run N Fun 39:48.72

15 Mead, Mike M46 Atlanta Track Club 40:00.39

16 Burns, Rich M49 Team Runners High 40:02.00

17 Punches, Richard M46 unattached 40:02.30

18 Skarda, Dan M45 Boulder Road 40:03.66

19 Kennedy, Ted M48 Boulder Road 40:09.38

20 Magdalene, William M46 Run N Fun 40:14.12

21 Cannon, David M48 Club Northwest 40:15.03

22 Bach, Perry M48 Run N Fun 40:25.41

23 Dolen, Timothy M48 Boulder Road 40:29.44

24 Finucane, Leo M47 Genesee Vall 40:53.49

25 Searls, Kevin M46 Asics Aggie 41:14.70

26 Vidales, Eugenio M45 Bowerman Ath 41:21.20

27 Pearson, David M48 Bowerman Ath 41:30.61

28 Townsend, Van M46 Chattanooga 41:36.23

29 Mathieu, Mark M47 Boulder Road 41:38.05

30 Wyman, Tim M45 River City Rebels 41:48.44

31 Wade, Steven M46 Fairhaven Runners 41:52.20

32 Roguski, Stephen M46 Fairhaven Runners 42:17.54

33 Kollars, Steven M45 Fleet Feet S 42:37.50

34 Cleary, Mark M46 SO Cal Track Club 42:47.30

35 McNeill, Mark M45 Universal So 42:55.52

36 Schlager, Russell M45 Team Red Lizard 42:58.39

37 Diaz, Eddie M49 Bowerman Ath 43:01.64

38 Clifton, Eric M46 unattached 43:07.67

39 Garcia, Jim M46 Greater Lowe 43:14.45

40 Ney, Jim M48 unattached 43:25.67

41 Burdo, Brian M47 Club Northwest 43:36.28

42 Lawson, Hank M49 Asics Aggie 43:46.91

43 Alserda, Larry M48 Wasatch Athletics 43:48.79

44 Cabanillas, Demetrio M49 Wasatch Athletics 44:22.10

45 Hamer, Christopher M46 River City Rebels 45:34.94

46 Van Pelt, Wynn M47 Seattle Runn 46:36.05

47 Thomas, Frank M45 River City Rebels 49:56.55

48 Braschwitz, Eric M47 unattached 58:13.81

49 Weiss, Jon M48 Universal So 1:13:25.46

M50 Results

1 Becker, Rick M50 unattached 37:30.68

2 Sandoval, Anthony M50 unattached 37:53.70

3 Hill, Leonard M52 Oregon Track 38:02.67

4 Barbour, John M50 Greater Lowe 38:23.89

5 Robinson, James M51 Genesee Vall 39:31.97

6 Cushman, Thomas M51 Asics Aggie 39:58.28

7 Stephenson, Lloyd M50 Excelsior Ru 41:21.93

8 Clingan, Dave M50 SO Cal Track Club 41:25.44

9 Durden, Benji M53 Boulder Road 41:28.89

10 Wheeler, Thomas M52 Team Runners High 41:34.83

11 Litscher, Larry M52 Fast Feet Tr 41:38.62

12 Ray, Bob M52 unattached 41:59.77

13 Cook, Paul M52 unattached 42:34.78

14 Taylor, Dean M50 Fairhaven Runners 42:41.35

15 Griffin, Charles M51 Excelsior Ru 43:03.24

16 Carpenter, Bobby M50 Fleet Feet S 43:57.43

17 Erickson, John M51 Wasatch Athletics 44:02.97

18 Holston, Rich M52 Boulder Road 44:10.82

19 Bjornberg, Michael M51 Run N Fun 44:24.63

20 Rojas, Vicente M51 Fast Feet Tr 44:35.28

21 Gomez, Nabor M52 Team Runners High 44:36.34

22 Brown, Tim M51 Fast Feet Tr 44:40.39

23 O'Neil, Steve M53 Fast Feet Tr 45:06.54

24 Sturgeon, Randell M52 Fleet Feet S 45:10.32

25 Romito, William M51 Fast Feet Tr 45:12.61

26 Leach, Kevin M52 Fast Feet Tr 45:15.38

27 Bernhard, Tom M53 Excelsior Ru 45:45.15

28 Ong, Les M54 Excelsior Ru 46:01.78

29 Alicea, Ramon M53 Fast Feet Tr 46:16.78

30 Clark, Richard M50 Fast Feet Tr 46:21.62

31 Sandoval, Rich M50 Boulder Road 47:23.23

32 Feather, Neil M50 Atlanta Track Club 48:34.18

33 Manley, James M52 Fleet Feet S 49:42.36

34 Goodman, Timothy M53 Portland Mas 49:45.64

35 Mitchell, Kameron M54 Team Red Lizard 50:01.50

36 White, Parker M52 Fleet Feet S 52:20.80

37 Lovett, Richard M51 Team Red Lizard 55:51.10

M55 Results

1 Shaheed, Nolan M55 SO Cal Track Club 39:45.53

2 Price, Roger M55 Raritan Vall 41:29.42

3 Dooley, Dave M57 Boulder Road 41:47.42

4 Gorman, Jim M55 Excelsior Ru 42:59.76

5 Katz, Richard M56 Boulder Road 43:38.81

6 May, Jim M58 Genesee Vall 44:46.86

7 Taylor, Randy M56 unattached 45:57.56

8 Kulwicki, Robert M55 Genesee Vall 45:59.63

9 Lamme, Thomas M57 Genesee Vall 46:32.84

10 Brown, Douglas M59 Raritan Vall 46:59.83

11 Lowe, David M57 Portland Mas 47:45.15

12 Joseph, Thomas M57 Team Red Lizard 50:47.36

13 Reif, Michael M56 Genesee Vall 52:51.17

14 Thomas, Paul M55 Team Red Lizard 53:51.70

15 Castro, Richard M57 Boulder Road 54:51.07

M60 Results

1 Coffman, Don M61 Victory Athl 44:01.32

2 Melendy, Byron M63 unattached 47:02.65

3 Hagman, William M61 Raritan Vall 47:14.38

4 LeMire, Tom M61 Boulder Road 48:02.00

5 Delph, William M63 Victory Athl 48:09.54

6 Pearson, Jim M60 Snohomish Tr 48:13.52

7 Roberts, Arthur M60 Fast Feet Tr 48:28.36

8 Lord, William M60 Fast Feet Tr 48:37.19

9 Erdmann, Rick M63 Victory Athl 48:58.87

10 Cosgrove, Pat M64 Raritan Vall 49:17.98

11 Reddaway, Gary M64 unattached 49:35.51

12 Nowatkowski, John M60 Raritan Vall 49:51.68

13 Zimmerman, Gary M63 Boulder Road 50:11.56

14 Kregal, Joe M60 Team Red Lizard 50:30.52

15 Martin, Jeffrey M63 unattached 50:34.56

16 Taylor, Ronald M61 Snohomish Tr 51:04.39

17 Hamlyn, Maxwell M63 Carolina God 51:05.37

18 Zimmerman, Bruce M60 Boulder Road 51:39.36

19 Avery, Larry M63 Boulder Road 51:55.84

20 O'Hare, Dennis M64 Snohomish Tr 53:18.59

21 Faulkner, Bill M63 Boulder Road 55:31.12

22 Boyajian, Andrew M63 North Jersey 1:02:12.15

M65 Results

1 Weddle, Thom M66 Run N Fun 48:04.30

2 Cordero, Joe M66 Bohemia Track Club 49:48.53

3 McCormack, Dan M66 unattached 51:18.58

4 Towse, Charles M67 Fast Feet Tr 52:12.80

5 Parrella, Ray M69 Victory Athl 52:33.10

6 Ogden, Ken M68 unattached 59:14.70

M70 Results

1 Iffrig, Bill M70 Snohomish Tr 50:51.84

2 Grevstad, Ben M70 Snohomish Tr 53:56.12

3 Faria, Irvin M73 Fleet Feet S 55:05.06

4 Hilton, James M70 Snohomish Tr 55:54.80

5 Hepner, John M72 Oregon Track 56:16.62

6 Flanagan, Paul M73 Fleet Feet S 56:44.24

7 Katter, Bruce M70 Snohomish Tr 58:48.03

8 Smythe, William M74 Boulder Road 1:00:54.63

9 Preedy, Melvin M71 Snohomish Tr 1:01:07.67

10 Turley, Bill M74 Boulder Road 1:01:23.92

11 Hite, Jim M70 Atlanta Track Club 1:08:15.79

12 Harwick, John M72 Western Penn 1:16:56.83

M75 Results

1 Keston, John M79 Oregon Track 56:41.16

2 McChesney, William M76 Oregon Track 1:04:48.17

3 McMicken, Craig M78 Oregon Track 1:09:06.19

4 Shurte, Bob M76 Boulder Road 1:28:53.00

M85 Results

1 Weiss, Irving M85 Boulder Road NT

# USATF National Club XC Championships – Portland, OR

# December 4, 2004

# Masters Men’s 10k Age-Graded Results

**TOP 10**

1. Hill, Leonard 23 M52 Oregon Track 38:03 81.99%

2. Becker, Rick 11 M50 unattached 37:31 81.82%

3. Sandoval, Anthony 20 M50 unattached 37:54 80.99%

4. Shaheed, Nolan 60 M55 SO Cal Track Club 39:46 80.43%

5 Pope, Brian 1 M42 SO Cal Track Club 36:04 79.96%

6. Barbour, John 29 M50 Greater Lowe 38:24 79.94%

7. Magill, Peter 3 M43 Team Runners High 36:29 79.65%

8. Borschel, Thomas 13 M47 unattached 37:38 79.64%

9. Reyes, Tony 7 M43 SO Cal Track Club 36:58 78.61%

10.Parsel, Dave 40 M49 Team Runners High 38:51 78.38%

# US Club Cross Country Championships – Portland, OR

# December 4, 2004

Selected Age Graded Results

Masters Men 10 km XC

Name Age Team Time PLP

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M40 Results (86)

1 Pope, Brian M42 SO Cal Track Club 36:04 79.96% 5th

2 Nelson, Daniel M40 Excelsior Ru 36:28 77.98

3 Magill, Peter M43 Team Runners High 36:29 79.65 7th

4 Gonzalez, Daniel M42 Asics Aggie 36:40 77.95

5 Kelly, Kevin M40 unattached 36:46 77.27

6 Gonzalez, Oscar M40 Team Runners High 36:51 77.10

7 Reyes, Tony M43 SO Cal Track Club 36:58 78.61 9th

8 Ames, Andrew M41 Boulder Road 37:04 77.22

9 Spangenberg, Brian M40 Excelsior Ru 37:20 76.10

10 DiConti, Andy M42 Team Runners High 37:27 77.01

11 Ostenberg, Kevin M44 Asics Aggie 37:35.10 77.88

12 Steinmaus, Craig M42 Excelsior Ru 37:41.45 76.50

13 Winders, Lance M41 Chattanooga 37:43.16

14 Platt, Michael M43 Genesee Vall 37:45.62 77.88

15 Toepfer, Chris M42 Universal So 37:46.66

16 Roman, Angel M42 Team Runners High 37:49.47

17 Banovich, Tony M42 Yellowstone 37:57.74

18 Evans, Sean M43 Bowerman Ath 38:10.54

19 Ensign, Timothy M41 Chattanooga 38:11.62

20 O'Hearn, John M42 Club Northwest 38:12.18

21 Atkeson, Andrew M43 Team Runners High 38:13.60

22 Sapienza, James M41 Club Northwest 38:21.58

23 Garibaldi, Ralph M41 SO Cal Track Club 38:25.57

24 Ruggio, Michael M42 Universal So 38:26.99

25 Griffiths, Brent M41 Asics Aggie 38:39.26

26 Londos, Dale M40 Oregon Track 38:40.07

27 Mancini, Dan M40 Excelsior Ru 38:42.06

28 Gouwens, Hans M43 Excelsior Ru 38:47.61

29 Dudman, Joseph M40 Oregon Track 38:48.82

30 Paulk, Kevin M44 Bowerman Ath 38:49.77

31 Case, Charlie M42 Bowerman Ath 38:53.03

32 Kinter, Michael M40 Asics Aggie 38:57.26

33 Bischoff, David M42 Genesee Vall 39:01.66

34 Mickle, Iain M44 River City Rebels 39:03.85

35 Wagner, Patrick M43 Oregon Track 39:13.87

36 Fielding, Jeff M43 Oregon Track 39:25.16

37 Barnard, Matthew M44 Run N Fun 39:31.51

38 Abdalla, Paul M43 Club Northwest 39:32.81

39 Hegelbach, Peter M40 Boulder Road 39:39.87

40 Lombardi, Ron M40 Fast Feet Tr 39:42.21

41 Olds, David M43 Team Runners High 39:44.77

42 Brown, Ian M42 Club Northwest 39:46.48

43 Davis, Sam M43 Greater Lowe 39:47.79

44 Wallen, Tim M41 Excelsior Ru 40:12.07

45 Conradt, Robert M44 Bowerman Ath 40:13.50

46 Miller, David M44 Universal So 40:16.86

47 Townsend, Kendall M43 Fairhaven Runners 40:21.88

48 Kerby, James M41 Seattle Runn 40:24.53

49 Rossi, Carl M42 unattached 40:36.47

50 Glavin, Peter M42 Genesee Vall 40:38.66

51 McCoubrey, Scott M42 Seattle Runn 40:44.48

52 Johnson, Joe M43 Chattanooga 40:46.51

53 Van Kerkhove, John M42 Genesee Vall 40:55.08

54 Rayl, Eric M43 Seattle Runn 41:04.66

55 Loreen, Mark M40 Fairhaven Runners 41:08.15

56 White-Espin, Dave M43 Seattle Runn 41:08.49

57 Mann, Jeff M41 Fleet Feet S 41:16.23

58 Stewart, Carl M42 unattached 41:19.59

59 Hatfield, David M40 Team Red Lizard 41:34.27

60 Shaver, Jeff M44 Asics Aggie 41:34.88

61 Cobler, Bill M41 Wasatch Athletics 41:41.37

62 Hanson, Kevin M40 Run N Fun 41:45.22

63 Prokop, Bert M44 Fast Feet Tr 41:49.99

64 Pettee, Allen M40 Genesee Vall 41:57.39

65 Smithee, Larry M41 Wasatch Athletics 42:13.22

66 Sloane, Jay M42 Fairhaven Runners 42:20.95

67 Coffey, Tony M42 Asics Aggie 42:24.60

68 Bartlett, Craig M42 Fairhaven Runners 43:06.48

69 Terry, Dave M43 Seattle Runn 43:09.67

70 Dorneker, Ron M43 Universal So 43:21.64

71 Petersen, Kristian M42 River City B 43:41.25

72 Gray, Michael M40 Quest Club O 43:55.25

73 Harding, David M44 Team Red Lizard 44:05.78

74 Cimini, Kevin M44 River City Rebels 44:06.04

75 Guertin, Doug M41 Fast Feet Tr 44:15.64

76 Auskern, Barry M44 Fast Feet Tr 45:19.18

77 Sanders, Mike M42 Team Red Lizard 45:37.76

78 Doctor, Mark M41 unattached 45:42.97

79 Bitsko, Jim M44 Atlanta Track Club 45:53.68

80 Ricci, Paul M44 Fairhaven Runners 47:18.13

81 Guzman, Henry M40 Boulder Road 47:30.78

82 Zapf, Stanley M43 unattached 48:25.72

83 Collins, John M43 Team Red Lizard 48:43.20

84 Ankhelyi, Mickey M41 Fleet Feet S 51:57.73

85 Coe, Michael M40 Fleet Feet S 55:19.70

86 Benlein, Frederick M40 Greater Long 1:08:36.93

M45 Results (49)

1 Borschel, Thomas M47 unattached 37:38 79.64% 8th

2 Sanders, Odis M45 Oregon Track 37:44 78.20

3 Coats, Chuck M45 Bowerman Ath 38:02 77.59

4 Schwelm, Bob M45 unattached 38:37 76.42

5 Putnam, Eric M46 Chattanooga 38:39 76.94

6 Parsel, Dave M49 Team Runners High 38:51 78.38 10th

7 Slavin, Michael M45 Excelsior Ru 39:00 75.66

8 Smith, Michael M46 Club Northwest 39:02 76.19

9 Varga, Chad M46 Chattanooga 39:08

10 Aasum, Jamin M45 Bowerman Ath 39:12

11 Allen, Mac M47 D.C. Capitol 39:26

12 Magallanes, Emil M49 Asics Aggie 39:36

13 Giannobile, Paul M45 Run N Fun 39:45

14 Paxton, Bobby M48 Run N Fun 39:49

15 Mead, Mike M46 Atlanta Track Club 40:00.39

16 Burns, Rich M49 Team Runners High 40:02.00

17 Punches, Richard M46 unattached 40:02.30

18 Skarda, Dan M45 Boulder Road 40:03.66

19 Kennedy, Ted M48 Boulder Road 40:09.38

20 Magdalene, William M46 Run N Fun 40:14.12

21 Cannon, David M48 Club Northwest 40:15.03

22 Bach, Perry M48 Run N Fun 40:25.41

23 Dolen, Timothy M48 Boulder Road 40:29.44

24 Finucane, Leo M47 Genesee Vall 40:53.49

25 Searls, Kevin M46 Asics Aggie 41:14.70

26 Vidales, Eugenio M45 Bowerman Ath 41:21.20

27 Pearson, David M48 Bowerman Ath 41:30.61

28 Townsend, Van M46 Chattanooga 41:36.23

29 Mathieu, Mark M47 Boulder Road 41:38.05

30 Wyman, Tim M45 River City Rebels 41:48.44

31 Wade, Steven M46 Fairhaven Runners 41:52.20

32 Roguski, Stephen M46 Fairhaven Runners 42:17.54

33 Kollars, Steven M45 Fleet Feet S 42:37.50

34 Cleary, Mark M46 SO Cal Track Club 42:47.30

35 McNeill, Mark M45 Universal So 42:55.52

36 Schlager, Russell M45 Team Red Lizard 42:58.39

37 Diaz, Eddie M49 Bowerman Ath 43:01.64

38 Clifton, Eric M46 unattached 43:07.67

39 Garcia, Jim M46 Greater Lowe 43:14.45

40 Ney, Jim M48 unattached 43:25.67

41 Burdo, Brian M47 Club Northwest 43:36.28

42 Lawson, Hank M49 Asics Aggie 43:46.91

43 Alserda, Larry M48 Wasatch Athletics 43:48.79

44 Cabanillas, Demetrio M49 Wasatch Athletics 44:22.10

45 Hamer, Christopher M46 River City Rebels 45:34.94

46 Van Pelt, Wynn M47 Seattle Runn 46:36.05

47 Thomas, Frank M45 River City Rebels 49:56.55

48 Braschwitz, Eric M47 unattached 58:13.81

49 Weiss, Jon M48 Universal So 1:13:25.46

M50 Results (37)

1 Becker, Rick M50 unattached 37:31 81.82% 2nd

2 Sandoval, Anthony M50 unattached 37:54 80.99 3rd

3 Hill, Leonard M52 Oregon Track 38:03 81.99 1st

4 Barbour, John M50 Greater Lowe 38:24 79.94 6th

5 Robinson, James M51 Genesee Vall 39:32 78.28

6 Cushman, Thomas M51 Asics Aggie 39:59 77.40

7 Stephenson, Lloyd M50 Excelsior Ru 41:22

8 Clingan, Dave M50 SO Cal Track Club 41:26

9 Durden, Benji M53 Boulder Road 41:29 75.83

10 Wheeler, Thomas M52 Team Runners High 41:35

11 Litscher, Larry M52 Fast Feet Tr 41:38.62

12 Ray, Bob M52 unattached 41:59.77

13 Cook, Paul M52 unattached 42:34.78

14 Taylor, Dean M50 Fairhaven Runners 42:41.35

15 Griffin, Charles M51 Excelsior Ru 43:03.24

16 Carpenter, Bobby M50 Fleet Feet S 43:57.43

17 Erickson, John M51 Wasatch Athletics 44:02.97

18 Holston, Rich M52 Boulder Road 44:10.82

19 Bjornberg, Michael M51 Run N Fun 44:24.63

20 Rojas, Vicente M51 Fast Feet Tr 44:35.28

21 Gomez, Nabor M52 Team Runners High 44:36.34

22 Brown, Tim M51 Fast Feet Tr 44:40.39

23 O'Neil, Steve M53 Fast Feet Tr 45:06.54

24 Sturgeon, Randell M52 Fleet Feet S 45:10.32

25 Romito, William M51 Fast Feet Tr 45:12.61

26 Leach, Kevin M52 Fast Feet Tr 45:15.38

27 Bernhard, Tom M53 Excelsior Ru 45:45.15

28 Ong, Les M54 Excelsior Ru 46:01.78

29 Alicea, Ramon M53 Fast Feet Tr 46:16.78

30 Clark, Richard M50 Fast Feet Tr 46:21.62

31 Sandoval, Rich M50 Boulder Road 47:23.23

32 Feather, Neil M50 Atlanta Track Club 48:34.18

33 Manley, James M52 Fleet Feet S 49:42.36

34 Goodman, Timothy M53 Portland Mas 49:45.64

35 Mitchell, Kameron M54 Team Red Lizard 50:01.50

36 White, Parker M52 Fleet Feet S 52:20.80

37 Lovett, Richard M51 Team Red Lizard 55:51.10

M55 Results (15)

1 Shaheed, Nolan M55 SO Cal Track Club 39:46 80.43% 4th

2 Price, Roger M55 Raritan Vall 41:30 77.07

3 Dooley, Dave M57 Boulder Road 41:48 77.82

4 Gorman, Jim M55 Excelsior Ru 43:00

5 Katz, Richard M56 Boulder Road 43:39

6 May, Jim M58 Genesee Vall 44:47

7 Taylor, Randy M56 unattached 45:58

8 Kulwicki, Robert M55 Genesee Vall 46:00

9 Lamme, Thomas M57 Genesee Vall 46:33

10 Brown, Douglas M59 Raritan Vall 47:00

11 Lowe, David M57 Portland Mas 47:45.15

12 Joseph, Thomas M57 Team Red Lizard 50:47.36

13 Reif, Michael M56 Genesee Vall 52:51.17

14 Thomas, Paul M55 Team Red Lizard 53:51.70

15 Castro, Richard M57 Boulder Road 54:51.07

M60 Results (22)

1 Coffman, Don M61 Victory Athl 44:02 75.81

2 Melendy, Byron M63 unattached 47:03

3 Hagman, William M61 Raritan Vall 47:15

4 LeMire, Tom M61 Boulder RR B 48:02

5 Delph, William M63 Victory Athl 48:10

6 Pearson, Jim M60 Snohomish Tr 48:14

7 Roberts, Arthur M60 Fast Feet Tr 48:29

8 Lord, William M60 Fast Feet Tr 48:38

9 Erdmann, Rick M63 Victory Athl 48:59

10 Cosgrove, Pat M64 Raritan Vall 49:18

11 Reddaway, Gary M64 unattached 49:36

12 Nowatkowski, John M60 Raritan Vall 49:52

13 Zimmerman, Gary M63 Boulder Road 50:11.56

14 Kregal, Joe M60 Team Red Lizard 50:30.52

15 Martin, Jeffrey M63 unattached 50:34.56

16 Taylor, Ronald M61 Snohomish Tr 51:04.39

17 Hamlyn, Maxwell M63 Carolina God 51:05.37

18 Zimmerman, Bruce M60 Boulder RR B 51:39.36

19 Avery, Larry M63 Boulder Road 51:55.84

20 O'Hare, Dennis M64 Snohomish Tr 53:18.59

21 Faulkner, Bill M63 Boulder Road 55:31.12

22 Boyajian, Andrew M63 North Jersey 1:02:12.15

M65 Results (6)

1 Weddle, Thom M66 Run N Fun 48:05 73.28

2 Cordero, Joe M66 Bohemia Track Club 49:49

3 McCormack, Dan M66 unattached 51:19

4 Towse, Charles M67 Fast Feet Tr 52:13

5 Parrella, Ray M69 Victory Athl 52:34

6 Ogden, Ken M68 unattached 59:15

M70 Results (12)

1 Iffrig, Bill M70 Snohomish Tr 50:52 72.12

2 Grevstad, Ben M70 Snohomish Tr 53:57

3 Faria, Irvin M73 Fleet Feet S 55:06

4 Hilton, James M70 Snohomish Tr 55:55

5 Hepner, John M72 Oregon Track 56:17

6 Flanagan, Paul M73 Fleet Feet S 56:45

7 Katter, Bruce M70 Snohomish Tr 58:49

8 Smythe, William M74 Boulder Road 1:00:54.63

9 Preedy, Melvin M71 Snohomish Tr 1:01:07.67

10 Turley, Bill M74 Boulder Road 1:01:23.92

11 Hite, Jim M70 Atlanta Track Club 1:08:15.79

12 Harwick, John M72 Western Penn 1:16:56.83

M75 Results (4)

1 Keston, John M79 Oregon Track 56:42 75.35

2 McChesney, William M76 Oregon Track 1:04:48.17

3 McMicken, Craig M78 Oregon Track 1:09:06.19

4 Shurte, Bob M76 Boulder Road 1:28:53.00

M85 Results

-- \*Weiss, Irving M85 Boulder Road DNF

\*- note: pulled off course due to time constraints.

Team Scores (scored by total time)

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Rank Team Total 1 2 3 4 5 \*6 \*7 \*8 \*9

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40-49 Results

1 Team Runners High 55 3 5 9 16 22 32 48

Total Time: 3:06:48.96

Average: 37:21.80

2 Excelsior Running Club 85 2 8 11 29 35 54

Total Time: 3:09:10.43

Average: 37:50.09

3 Asics Aggie Running Clu 120 4 10 27 34 45 52 71

Total Time: 3:11:26.22

Average: 38:17.25

4 Oregon Track Club Maste 130 13 18 28 30 41 42

Total Time: 3:12:29.21

Average: 38:29.85

5 SO Cal Track Club 154 1 6 24 49 74 88

Total Time: 3:12:37.84

Average: 38:31.57

6 Bowerman Athletic Club 140 17 19 31 33 40 55 73

Total Time: 3:13:06.78

Average: 38:37.36

7 Chattanooga Track Club 162 12 20 26 39 65 76

Total Time: 3:14:27.57

Average: 38:53.52

8 Club Northwest 174 21 23 36 44 50 57 94

Total Time: 3:14:54.18

Average: 38:58.84

9 Boulder Road Runners 245 7 46 53 62 77 106

Total Time: 3:18:54.03

Average: 39:46.81

10 Genesee Valley Harriers 247 14 37 63 66 67 82

Total Time: 3:19:14.51

Average: 39:50.91

11 Run N Fun 258 43 47 51 56 61 79 101

Total Time: 3:19:43.77

Average: 39:56.76

12 Universal Sole-Reebok 280 15 25 58 89 93 112

Total Time: 3:22:47.67

Average: 40:33.54

13 Seattle Running Club 354 60 64 68 70 92 105

Total Time: 3:26:31.83

Average: 41:18.37

14 Fairhaven Runners 378 59 69 81 84 85 87 91

Total Time: 3:28:00.72

Average: 41:36.15

15 Wasatch Athletics 453 78 83 95 97 100

Total Time: 3:36:08.45

Average: 43:13.69

16 River City Rebels 429 38 80 99 103 109

Total Time: 3:40:29.82

Average: 44:05.97

17 Fleet Feet Sports-Sacra 464 72 86 96 102 108 110 111

Total Time: 3:42:43.84

Average: 44:32.77

18 Team Red Lizard 474 75 90 98 104 107

Total Time: 3:42:59.40

Average: 44:35.88

50-59 Results

1 Boulder Road Runners 46 3 5 8 9 21 27

Total Time: 3:38:29.17

Average: 43:41.84

2 Excelsior Running Club 49 2 6 7 16 18

Total Time: 3:39:11.86

Average: 43:50.38

3 Fast Feet Track Club (G 52 4 10 11 13 14 15 19

Total Time: 3:41:13.44

Average: 44:14.69

4 Genesee Valley Harriers 75 1 12 17 20 25

Total Time: 3:49:42.47

Average: 45:56.50

5 Team Red Lizard 123 22 23 24 26 28

Total Time: 4:21:02.18

Average: 52:12.44

60-69 Results

1 Victory Athletic Club 11 1 3 7 13

Total Time: 2:21:09.73

Average: 47:03.25

2 Fast Feet Track Club (G 23 5 6 12

Total Time: 2:29:18.35

Average: 49:46.12

3 Boulder Road Runners 20 2 8 10 11 15

Total Time: 2:30:08.92

Average: 50:02.97

4 Snohomish Track Club 27 4 9 14

Total Time: 2:32:36.50

Average: 50:52.17

70-79 Results

1 Snohomish Track Club 6 1 2 3 6 8

Total Time: 2:40:42.76

Average: 53:34.26

2 Oregon Track Club Maste 19 4 5 10 11

Total Time: 2:57:45.95

Average: 59:15.32

3 Boulder Road Runners 28 7 9 12

Total Time: 3:31:11.55

Average: 1:10:23.85

Open Women 6 km Run CC

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Name Age Team Finals Points

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1 Buttry, Melissa 22 Wartburg College 23:07.85

2 Monro, Sabrina 24 Moving Comfo 23:48.39 1

3 Newberry, Katherine 26 unattached 23:53.48

4 Goucher, Kara 26 unattached / Nike 23:57.99

5 Sandoval, Maria Magdalen 22 unattached 24:02.02

6 Nervo, Patricia 27 unattached 24:03.82

7 Hanscom, Heather 27 Pacers 24:09.17

8 Hull, Lucinda 23 Adidas Ralei 24:19.83

9 Galaviz, Lisa 25 Run AZ 24:23.55 2

10 Crain, Jennifer 36 Wisconsin Ru 24:25.51 3

11 Teter, Nicole 31 unattached / Nike 24:33.45

12 Dauer, Sheena 22 unattached 24:36.79

13 Kulikov, Nicole 29 Asics Aggie 24:38.39 4

14 Brewster, Bethany 24 Wisconsin Ru 24:39.40 5

15 Aklufi, Erika 28 See Jane Run 24:40.57 6

16 Daly, Megan 26 Impala Racing Team 24:43.39 7

17 Tanner, Heather 26 Farm Team 24:45.26 8

18 Kelly, Colleen 23 unattached 24:45.58

19 Vincent, Ashlee 21 unattached 24:48.66

20 Wallace, Kasie 25 Boston Athle 24:48.83 9

21 Stroud, Colleen 31 Boulder Road 24:54.44 10

22 Duffy, Bridget 20 unattached 24:54.66

23 Thornhill, Debra 24 Zap Fitness 24:59.34

24 Chandler, Mari 28 Farm Team 24:59.85 11

25 Schulte-Sasse, Linn 27 See Jane Run 25:00.33 12

26 Klick, Sheila 23 unattached 25:06.07

27 Lundy, Chris 34 Farm Team 25:06.97 13

28 Blackett, Katie 27 unattached / Saucony 25:08.11

29 Annis, Caroline 24 Impala Racing Team 25:10.84 14

30 Proulx, Mary 24 Boston Athle 25:11.42 15

31 Fischer, Tania 38 See Jane Run 25:12.01 16

32 Torres, Brianna 24 Run AZ 25:14.33 17

33 Holbrook, Mariko 23 Boston Athle 25:15.87 18

34 Colburn, Mary 26 See Jane Run 25:16.08 19

35 Fallon, Mimi 39 Boston Athle 25:16.09 20

36 Macdonald, Eri 23 Farm Team 25:17.58 21

37 Romano, Brett 25 Boston Athle 25:19.78 22

38 O'Hara, Kirsten 39 See Jane Run 25:21.15 23

39 Hunt, Nicole 34 Moving Comfo 25:22.52 24

40 Aoki, Anna 26 Indiana Invaders 25:23.62 25

41 Westphal, Janet 29 Farm Team 25:24.16 26

42 Bestwick, Angela 28 unattached 25:24.22

43 Chock, Caitlin 18 unattached 25:24.55

44 Cleary, Dawn 25 Run AZ 25:24.89 27

45 Todd, Melissa 29 Wisconsin Ru 25:27.91 28

46 Doherty, Erin 25 Run AZ 25:30.74 29

47 Deckert, Alysun 38 Seattle Runn 25:31.40 30

48 DeRego, Jennifer 25 Asics Aggie 25:32.37 31

49 Mann, Alisa 26 unattached 25:33.82

50 Eap, Sopagna 23 UO Running Club 25:36.44 32

51 Torres, Graciela 33 See Jane Run 25:40.82 33

52 McMahan, Dot 28 Universal So 25:44.28 34

53 Dober, Jessica 25 Wisconsin Ru 25:45.12 35

54 May, Heather 34 Indiana Invaders 25:46.76 36

55 Rudkin, Jane 24 unattached 25:47.89

56 Guiney, Megan 24 Wisconsin Ru 25:48.07 37

57 Spolidoro, Julie 23 Boston Athle 25:48.45 38

58 Walker, Rebecca 25 Farm Team 25:51.00 39

59 Concaugh, Jacqueline 30 unattached 25:51.42

60 Read, Lesley 24 Indiana Invaders 25:51.93 40

61 Hunter, Vanessa 29 Club Northwest 25:55.17 41

62 Thomas, Brooke 23 Cal Coast Tr 25:59.07

63 Hunt, Heather 30 Boulder Road 26:00.17 42

64 Palmer, Zika 28 Zap Fitness 26:02.80

65 Crowley, Tara 26 Team XO 26:03.29

66 Ray, Bree 25 Club Northwest 26:04.04 43

67 Nedeau, Amy 29 Boston Athle 26:06.04 44

68 Moreno, Priscilla 22 unattached 26:06.25

69 Bradbury, Pam 25 Club Northwest 26:06.88 45

70 Sullivan, Erin 23 Farm Team 26:07.93 46

71 Bloomer, Lorilynn 32 Bowerman Ath 26:08.37 47

72 Meehan, KC 24 Runner's High 26:11.25

73 Matthews, Lauren 25 Club Northwest 26:11.81 48

74 Zografos, Carrie 25 Boston Athle 26:13.05

75 Hefflinger, Charlyn 31 Greater Bois 26:14.31 49

76 Fullove, Shaluinn 27 Impala Racing Team 26:15.26 50

77 Solone, Michelle 21 unattached 26:17.41

78 Leier Nestel, Melissa 29 Greater Bost 26:20.73 51

79 Mansheim, Becka 19 unattached 26:24.74

80 Brewer, Rachel 29 Fairhaven Runners 26:25.51 52

81 Dueringer, Stephanie 29 Indiana Invaders 26:25.64 53

82 Harri, Kathleen 30 Fairhaven Runners 26:26.35 54

83 Occhi, Amanda 27 Boulder Runn 26:27.53

84 Chase, Amanda 23 Zap Fitness 26:27.78

85 Quatrochi, Danielle 28 Bowerman Ath 26:27.84 55

86 Ward, Erin 30 Run N Fun 26:28.28 56

87 Boaz, Jill 37 Asics Aggie 26:28.87 57

88 Banks, Keisha 25 Indiana Invaders 26:29.58 58

89 Textoris, Jessica 23 Indiana Invaders 26:30.05 59

90 Phillips, Megan 34 Runner's High 26:32.00

91 Kolpin, Sarah 23 Wisconsin Ru 26:32.40 60

92 Pollard, Jennifer 26 Wisconsin Ru 26:33.01 61

93 D'Amico, Cambria 26 See Jane Run 26:33.62 62

94 Reaser, Christine 38 Greater Lowe 26:34.18

95 Hotchkiss, Katie 24 Farm Team 26:37.74

96 Cueno, Nicole 24 Run N Fun 26:38.16 63

97 Bird, Sherida 25 Greater Bost 26:43.10 64

98 Huyck, Linda 32 Club Northwest 26:44.30 65

99 Scott, Lorin 18 unattached 26:45.61

100 Thompson, Kari 26 Run N Fun 26:48.53 66

101 Greiner, Gwen 35 Seattle Runn 26:49.06 67

102 Manson, Amy 35 Indiana Invaders 26:50.18 68

103 Raitter, Sarah 32 Bowerman Ath 26:50.51 69

104 Cerna, Leticia 23 unattached 26:50.67

105 Conley, Kim 18 unattached 26:52.04

106 Moench, Yarrow 27 Greater Bost 26:53.24 70

107 Manesh, Chelsea 21 UO Running Club 26:53.93 71

108 Salazar-Ohst, Janeth 37 Universal So 26:54.37 72

109 Searls, Noreen 38 Asics Aggie 26:55.62 73

110 Bergesen, Sally 36 Club Northwest 26:56.40 74

111 Wiedman, Kim 22 Universal So 26:58.95 75

112 Bambury, Stephanie 28 Asics Aggie 26:59.56 76

113 Rosenberg, Trisha 28 Seattle Runn 27:00.48 77

114 Newman, Alexandra 32 Impala Racing Team 27:03.80 78

115 Brownrigg, Lauren 23 Lawrence Track Club 27:07.05

116 Salazar, Tatiana 35 Seattle Runn 27:08.27 79

117 Larson, Tiffany 37 Greater Bois 27:08.62 80

118 Gould, Deborah 39 Fast Feet Tr 27:09.24 81

119 Olen, Christine 37 Asics Aggie 27:09.89 82

120 Funk-Danielson, Brenda 32 Greater Bois 27:14.45 83

121 Beste, Suzanne 38 West Valley 27:14.65 84

122 Galdabini, Katie 33 Club Northwest 27:14.89 85

123 Appell, Christine 26 Cal Coast Tr 27:15.79

124 McGuinn, Kristyne 23 Universal So 27:16.25 86

125 Siegrist, Mary 24 Greater Bost 27:16.87 87

126 Daligcon, Erika 28 Seattle Runn 27:18.36 88

127 Uwins, Jennifer 30 Track West 27:19.69

128 Blake, Jessica 27 Greater Bost 27:22.13 89

129 Dee, Jenna 31 See Jane Run 27:28.52

130 Leonard, Sarah 34 Club Northwest 27:29.62

131 Fortino, Wendy 23 Asics Aggie 27:30.42 90

132 Simmons, Nikki 26 Run AZ 27:31.60 91

133 Edwards, Laurie 35 Boulder Road 27:33.40 92

134 Hauer, Emily 28 Universal So 27:34.06 93

135 Feider, Erica 28 YMCA Team Idaho 27:39.36

136 Jones, Kelsey 23 Eastside TC 27:40.29

137 Defilippis, Christy 34 Runner's High 27:40.75

138 Beechy, Tiffany 28 UO Running Club 27:43.09 94

139 Seawright-Newton, Annie 39 Track West 27:45.58

140 Swogger, Ellen 21 Fairhaven Runners 27:47.72 95

141 Faure, Francie 38 Team XO 27:48.11

142 Voight, Angie 28 Run N Fun 27:48.56 96

143 Buckley Wheeler, Liz 40 See Jane Run 27:48.99

144 Harris, Sarah 29 See Jane Run 27:49.23

145 Substad, Dawn 25 Run N Fun 27:49.52 97

146 Kelly, Erin 34 Greater Bois 27:49.86 98

147 DeKoker, Tina 22 Fairhaven Runners 27:49.90 99

148 Barker, Jessyca 21 Eastside TC 27:52.00

149 Kaiser, Kelsey 20 unattached 27:53.64

150 McCleary, Angenie 28 unattached 27:54.65

151 Ishio, Michelle 32 Track West 27:56.68

152 Stauffer, Kelly 26 Greater Bois 27:59.39 100

153 Fitzpatrick, Dianne 35 Fleet Feet S 28:02.06 101

154 Wahleithner, Juliet 27 Fleet Feet S 28:03.04 102

155 McDonough, Adele 28 Runner's High 28:04.11

156 Scholte, Karen 38 Bowerman Ath 28:05.79 103

157 Novik, Lisa 18 unattached 28:08.76

158 James, Christine 31 Run AZ 28:09.77 104

159 Taylor, Kelle 41 See Jane Run 28:11.09

160 Hillier, Tara 25 Impala Racing Team 28:13.22 105

161 Young, Ramona 39 Asics Aggie 28:18.39

162 O'Bryan, Lauren 23 Cal Coast Tr 28:20.23

163 Thomas, Jennifer 33 Moving Comfo 28:21.33 106

164 Hartling, Meriel 20 UO Running Club 28:24.19 107

165 Dailey, Jodi 29 Impala Racing Team 28:25.69 108

166 Gut, Eva 21 unattached 28:26.98

167 Rowic, Michele 30 Humbolt TC 28:28.64

168 Franchi, Michele 31 Moving Comfo 28:29.42 109

169 Barker-McCurry, Andrija 24 Eastside TC 28:30.67

170 Clark, Teresa 35 West Valley 28:31.96 110

171 Aragon, Kathleen 45 Moving Comfo 28:32.50 111

172 Davidson, Stephanie 27 unattached 28:32.71

173 Famous, Katie 25 Greater Bost 28:32.89 112

174 Hoyt, Kathryn 19 Fairhaven Runners 28:33.22 113

175 Stone, Sharon 39 Fairhaven Runners 28:34.92 114

176 McGee, Julie 23 Greater Bost 28:36.01 115

177 Heinonen, Liisa 20 UO Running Club 28:38.86 116

178 Mattes, Teresa 29 Fleet Feet S 28:40.17 117

179 Cody, Shannon 35 West Valley 28:44.93 118

180 Littman, Alyson 31 Seattle Runn 28:46.91 119

181 Frazey, Carol 35 Fairhaven Runners 28:47.27 120

182 Roberts, Dawn 33 Fast Feet Tr 28:47.52 121

183 Wiseman, Rachael 25 Humbolt TC 28:49.45

184 Poppens, Megan 21 unattached 28:51.40

185 Mielke, Becca 22 Round-Up Cit 29:02.15

186 Daniel, Marisa 27 Impala Racing Team 29:09.91 122

187 Geddes, Carol 22 Greater Bost 29:10.40

188 Wasilenko, Katherine 27 Impala B 29:11.31 123

189 Brochman, Cynthia 39 Run N Fun 29:12.18 124

190 Rankin, Sarah 45 West Valley 29:15.05 125

191 Bourdeau, Emily 16 Fast Feet Tr 29:24.69 126

192 Kaluza, Susan 45 Moving Comfo 29:26.62 127

193 Wittreich, Caitlin 25 Team XO 29:30.52

194 Cilenti, Rebecca 33 Greater Bois 29:32.96 128

195 Forty, Robyn 30 Bowerman Ath 29:37.44 129

196 Jackson, Carla 35 unattached 29:38.21

197 Gibbs, Jessica 29 See Jane Run 29:39.84

198 Garcia, Jeaney 42 See Jane Run 29:39.89

199 Williams, Evelyn 23 unattached 29:44.90

200 Wyner, Erin 21 Humbolt TC 29:46.37

201 Johnson, Jennifer 34 unattached 29:47.92

202 Woody, Kim 41 West Valley 29:51.32 130

203 Ferraro, Mary 28 Fast Feet Tr 30:01.04 131

204 Young, Beth 34 West Valley 30:01.56 132

205 Mills, Meredith 47 West Valley 30:13.98 133

206 Shwe, Cheryl 38 Impala Racing Team 30:18.90

207 Misiaszek, Mary 38 Fast Feet Tr 30:24.30 134

208 Howlan, Denise 34 unattached 30:28.03

209 Lunsman, Anne Marie 34 Track West 30:30.47

210 Cline, Michelle 34 Impala B 30:32.81 135

211 Trimble-Scheirman, Lisa 27 unattached 30:35.92

212 Leita, Jennifer 26 Fairhaven Runners 30:36.23

213 Gaw, Mia 19 Boulder Road 30:39.10 136

214 Foster, Donna 38 Boulder Road 31:10.63 137

215 Martin, Camille 34 D.C. Capitol 31:18.27

216 Kendall, Rose 34 Universal So 31:33.06 138

217 Pelzer, Kelsi 23 unattached 31:41.36

218 Walker, Amanda 17 Life Sports 31:56.63

219 Grewal, Gowri 32 Impala B 32:18.84 139

220 Brown, Donna 35 Impala B 32:20.73 140

221 Morse, Melinda 52 Impala B 32:44.43 141

222 Grant, Jaymi 17 Round-Up Cit 33:35.66

223 Zakerski, Debbie 42 Fleet Feet S 33:44.20 142

224 Sonstein, Amy 35 Tamalpa Runners 33:58.93

225 Graham, Robin 26 Boulder Road 36:02.52 143

226 Marks, Cynthia 40 Fleet Feet S 36:20.34 144

Team Scores

=================================================================================

Rank Team Total 1 2 3 4 5 \*6 \*7 \*8 \*9

=================================================================================

1 See Jane Run 76 6 12 16 19 23 33 62

Total Time: 2:05:30.14

Average: 25:06.03

2 Farm Team 79 8 11 13 21 26 39 46

Total Time: 2:05:33.82

Average: 25:06.77

3 Boston Athletic Associati 84 9 15 18 20 22 38 44

Total Time: 2:05:51.99

Average: 25:10.40

4 Wisconsin Runner Racing T 108 3 5 28 35 37 60 61

Total Time: 2:06:06.01

Average: 25:13.21

5 Run AZ 166 2 17 27 29 91 104

Total Time: 2:08:05.11

Average: 25:37.03

6 Indiana Invaders 212 25 36 40 53 58 59 68

Total Time: 2:09:57.53

Average: 25:59.51

7 Asics Aggie Running Club 241 4 31 57 73 76 82 90

Total Time: 2:10:34.81

Average: 26:06.97

8 Club Northwest 242 41 43 45 48 65 74 85

Total Time: 2:11:02.20

Average: 26:12.44

9 Impala Racing Team 254 7 14 50 78 105 108 122

Total Time: 2:11:26.51

Average: 26:17.31

10 Seattle Running Club 341 30 67 77 79 88 119

Total Time: 2:13:47.57

Average: 26:45.52

11 Moving Comfort - Montana 351 1 24 106 109 111 127

Total Time: 2:14:34.16

Average: 26:54.84

12 Universal Sole-Reebok 360 34 72 75 86 93 138

Total Time: 2:14:27.91

Average: 26:53.59

13 Greater Boston Track Club 361 51 64 70 87 89 112 115

Total Time: 2:14:36.07

Average: 26:55.22

14 Run N Fun 378 56 63 66 96 97 124

Total Time: 2:15:33.05

Average: 27:06.61

15 Bowerman Athletic Club 403 47 55 69 103 129

Total Time: 2:17:09.95

Average: 27:25.99

16 Greater Boise Running Clu 410 49 80 83 98 100 128

Total Time: 2:16:26.63

Average: 27:17.33

17 Fairhaven Runners 413 52 54 95 99 113 114 120

Total Time: 2:17:02.70

Average: 27:24.54

18 Boulder Road Runners 417 10 42 92 136 137 143

Total Time: 2:20:17.74

Average: 28:03.55

19 UO Running Club 420 32 71 94 107 116

Total Time: 2:17:16.51

Average: 27:27.31

20 West Valley Track Club In 567 84 110 118 125 130 132 133

Total Time: 2:23:37.91

Average: 28:43.59

21 Fast Feet Track Club (Gre 593 81 121 126 131 134

Total Time: 2:25:46.79

Average: 29:09.36

22 Fleet Feet Sports-Sacrame 606 101 102 117 142 144

Total Time: 2:34:49.81

Average: 30:57.97

23 Impala B 678 123 135 139 140 141

Total Time: 2:37:08.12

Average: 31:25.63

Open Men 10 km Run CC

=======================================================================

Name Age Team Finals Points

=======================================================================

1 Torres, Jorge 24 unattached / Reebok 32:43.91

2 Goucher, Adam 29 unattached / Nike 32:59.45

3 Torres, Edwardo 24 unattached / Reebok 33:04.04

4 Riley, Jonathon 26 unattached / Nike 33:04.74

5 Moen, Josh 22 Wartburg College 33:07.28

6 Kezes, Paul 25 Team XO 33:10.62 1

7 Bialka, Jason 25 Boston Athle 33:23.63 2

8 Bizuneh, Fasil 24 Team Usa Mon 33:24.54

9 Folk, Matthew 28 Run-Insight.com 33:24.82 3

10 King, Max 24 Team XO 33:25.31 4

11 Bak, Ryan 23 Team Usa Mon 33:29.32

12 Cabada, Fernando 22 Team Foot RX 33:30.33 5

13 Reyes, Sergio 23 Asics Aggie 33:30.68 6

14 Davis, Dave 26 unattached / Nike 33:30.94

15 Estwanik, Christopher 24 Farm Team 33:35.37 7

16 Jonaitis, Jeff 23 Universal So 33:38.33 8

17 Lowery, Brad 22 unattached 33:48.53

18 Eberly, Joshua 24 Hansons-Broo 33:50.82 9

19 Duquette, Corey 22 Team Foot RX 33:52.59 10

20 Graham, Sean 24 Farm Team 33:54.55 11

21 Carvalho, Paulo 24 Asics Aggie 33:56.45 12

22 Sundell, Steve 22 Farm Team 33:57.41 13

23 Eagon, Stuart 18 unattached 34:04.51

24 Stephenson, Jay 23 Atlanta Track Club 34:05.58 14

25 Verran, Clint 29 Hansons-Broo 34:06.17 15

26 Shoemaker, Jarrod 22 Boston Athle 34:08.17 16

27 Laurie, Steve 24 Team Eugene 34:09.60 17

28 Ricketts, Sean 22 Asics Aggie 34:09.79 18

29 Allen, Nick 23 Hansons-Broo 34:12.54 19

30 Haxton, Thomas 23 Philadelphia 34:16.94 20

31 Reis, Christopher 23 Running Spot 34:17.66

32 Griffin, Zachary 28 Farm Team 34:19.33 21

33 Mahon, Terrence 34 Bryn Mawr Ru 34:19.68 22

34 Byrne, Matt 29 Philadelphia 34:21.11 23

35 Blackhurst, Carl 27 Boulder Runn 34:21.18 24

36 Pilja, Mark 24 Nike Team Run LA 34:22.60 25

37 Frascone, Patrick 25 Wisconsin Ru 34:23.04 26

38 Hayes, Ryan 26 Transports a 34:23.70 27

39 Kafel, Jack 28 Universal So 34:25.49 28

40 Walsh, Stephen 26 Bryn Mawr Ru 34:26.63 29

41 Thull, Matt 30 Wisconsin Ru 34:26.95 30

42 Goklish, Kyle 24 Sports Warri 34:27.54 31

43 Griffiths, Eric 22 Eastside TC 34:27.90 32

44 Rodriguez, Jamie 24 Willow Street AC 34:27.94

45 Baca, Angelo 24 Sports Warri 34:28.24 33

46 Boulet, Richie 31 Transports a 34:30.76 34

47 Briney, Trent 26 Hansons-Broo 34:31.47 35

48 Frey, Jacob 23 Hansons-Broo 34:33.01 36

49 Hill, Andrew 23 Farm Team 34:33.92 37

50 Hubbard, Jason 29 Sports Warri 34:35.55 38

51 Koeper, Kevin 26 Nike Team Run LA 34:37.71 39

52 Hesch, Christian 26 Nike Team Run LA 34:38.26 40

53 Carballo, Carlos 22 unattached 34:38.84

54 Maceiko, Mike 29 Reebok Boston 34:40.49 41

55 Mitchell, Gregory 31 Boulder Runn 34:41.42 42

56 Lomayaoma, Devan 22 Sports Warri 34:42.10 43

57 Kieser, Fred 33 Run-Insight.com 34:42.60 44

58 Hartmark, Eric 26 Hansons-Broo 34:42.85 45

59 Meissen, Ryan 26 Wisconsin Ru 34:42.93 46

60 Baillie, Austin 22 University o 34:44.66

61 Romero, Nazario 31 Adidas/Movin Shoes 34:45.48 47

62 Morgan, Mike 24 Team Nebraska 34:49.02

63 Appell, Johann 27 Cal Coast Tr 34:50.08 48

64 Pauling, Ryan 28 Genesee Vall 34:50.62 49

65 Wagner, Christian 19 unattached 34:51.01

66 Haki, Abderrazak 34 Runner's High 34:52.38

67 Yazzie, Andrew 22 Sports Warri 34:52.98 50

68 Muxen, Joshua 28 Farm Team 34:54.33 51

69 Chappell, Jed 24 Team Eugene 34:54.97 52

70 Hooley, Matthew 22 Run N Fun 34:56.17 53

71 Little, Michael 28 Run N Fun 34:56.31 54

72 Patananan, Justin 24 Nike Team Run LA 34:56.61 55

73 Nodolf, Aaron 26 Wisconsin Ru 34:57.98 56

74 Lighthall, Bryce 23 Transports a 34:58.29 57

75 de Boissezon, Xavier 22 unattached 34:58.74

76 Escarcega, Anthony 31 Wisconsin Ru 34:59.37 58

77 Chapman, Thomas 24 Transports B 34:59.60 59

78 McKeeman, Michael 28 Bryn Mawr Ru 34:59.95 60

79 Stuber, Cameron 29 Universal So 35:00.34 61

80 Jabaut, Jason 22 Farm Team 35:00.75 62

81 Carrara, Ryan 28 Reebok Boston 35:01.52 63

82 Boldon, Blake 25 Kansas City Smoke 35:01.75 64

83 Witzleben, Todd 24 Nike Team Run LA 35:02.03 65

84 Hunt, Bradley 30 Run-Insight.com 35:03.18 66

85 O'Brien, Kyle 24 Hansons-Broo 35:04.67 67

86 Rosendahl, Martin 26 Hansons-Broo 35:05.70

87 Savoth, Eric 26 Farm Team 35:05.97

88 Crowl, Brian 23 Eastside TC 35:06.29 68

89 Miller, Mark 24 Boston Athle 35:06.97 69

90 DeFilippis, Scott 24 Runner's High 35:07.98

91 Knutsen, Konrad 28 Transports a 35:08.72 70

92 Helms, Timothy 22 unattached 35:10.32

93 Pecot, Christopher 21 unattached 35:10.44

94 Pierce, Eric 28 Run N Fun 35:12.22 71

95 Julian, Tim 34 Team XO 35:13.78 72

96 Kahn, Dan 25 Atlanta Track Club 35:14.83 73

97 Charles, Chris 27 Seattle Runn 35:14.84 74

98 Service, John 24 Asics Aggie 35:15.09 75

99 Sorensen, Jim 37 Farm Team 35:15.49

100 Conway, Nick 29 Willow Street AC 35:16.49

101 Bronfenbrenner, David 26 Transports a 35:18.27 76

102 Prindiville, Brendan 27 Reebok Boston 35:19.35 77

103 Danielson, Joshua 31 Greater Bois 35:20.10 78

104 Boteilho, Zach 25 Bowerman Ath 35:20.86 79

105 Pierpoint, Kevin 28 Asics Aggie 35:21.73 80

106 Lopez, Antonio 24 Manhattan Tr 35:22.70 81

107 Callinan, Edward 30 Philadelphia 35:23.71 82

108 Riley, Timothy 23 Eastside TC 35:24.44 83

109 Cordes, Jared 27 Wisconsin Ru 35:24.79 84

110 Bowen, Nate 28 Transports a 35:25.98 85

111 Mortenson, Kelly 33 Run N Fun 35:26.69 86

112 Nesbitt, Sean 30 Boulder Runn 35:27.48 87

113 Laux, Nelson 26 Boulder Runn 35:27.76 88

114 Mease, Carl 23 Team Usa Mon 35:28.84

115 Sharp, Aaron 24 Nike Team Run LA 35:30.27 89

116 Hagan, Chris 22 Team NoDak 35:30.90

117 Ryan, Paul 24 Reebok Boston 35:31.19 90

118 Forsha, Brayce 25 Team XO 35:32.76 91

119 Fraioli, Mario 22 Boston Athle 35:33.50 92

120 Ponce, Oscar 27 Boston Athle 35:35.13 93

121 Zins, Joey 25 Atlanta Track Club 35:35.86 94

122 Baird, Michael 23 Bryn Mawr Ru 35:36.59 95

123 Martinson, Ross 26 Bryn Mawr Ru 35:36.91 96

124 Crider, Nic 28 Fleet Feet R 35:37.02 97

125 Pasche, Steven 29 Greater Bost 35:37.62 98

126 Schabron, Greg 27 unattached 35:39.06

127 O'Brien, Sean 24 Farm Team 35:39.73

128 Murillo, Jorge 21 unattached 35:40.16

129 Mangrum, Benjamin 26 Team XO 35:40.73 99

130 Wright, Chris 21 Team Foot RX 35:41.65 100

131 Pikus, Chris 27 Run N Fun 35:42.19 101

132 Parlapiano, Thomas 23 Bryn Mawr Ru 35:44.06 102

133 Ruane, Matthew 29 Asics Aggie 35:45.13 103

134 Akita, James 24 Universal So 35:47.68 104

135 Wall, Scott 18 unattached 35:49.03

136 Augspurger, Gregory 27 Boulder Runn 35:49.92 105

137 Scott, Jef 33 Fleet Feet R 35:50.51 106

138 Pennell, Martin 27 Cal Coast Tr 35:51.46 107

139 Merchad, Will 23 unattached 35:52.62

140 King, Kyle 23 Zap Fitness 35:52.73

141 Ferren-Cirino, Chris 20 unattached 35:56.39

142 Raitter, William 34 Bowerman Ath 35:57.00 108

143 Carrizales, Aaron 27 Team Nebraska 35:57.64

144 Hopple, John 36 Run-Insight.com 35:57.82 109

145 Davis, Aaron 29 Team Eugene 35:58.05 110

146 Moreno, Steven 27 Transports a 35:58.13 111

147 Butler, Derrick 24 Running Spot 35:58.36

148 Marcus, Noah 30 Transports B 35:58.47 112

149 Redig, Oliver 24 Team Eugene 35:59.38 113

150 Hurd, Justijn 23 West Valley 35:59.87 114

151 Hernandez Salazar, Hecto 32 Adidas/Movin Shoes 36:00.21 115

152 Baldovino, Damian 37 Bowerman Ath 36:00.37 116

153 Dimoff, John 33 Bowerman Ath 36:00.62 117

154 Finegan, Robb 37 unattached 36:01.38

155 Zanderson, Sean 25 Adidas/Movin Shoes 36:02.03 118

156 Hacker, Rikki 27 Kansas City Smoke 36:02.92 119

157 McGuire, John 37 West Valley 36:03.73 120

158 Loeffler, Eric 27 Run N Fun 36:04.09 121

159 Bauman, Ahrlin 31 Club Northwest 36:04.31 122

160 Lyons, Brian 24 Kansas City Smoke 36:04.81 123

161 LaRosa, Mark 26 Boston Athle 36:05.99 124

162 Grigg, Kevin 24 Run N Fun 36:07.51 125

163 Arce, Antonio 27 Nike Team Run LA 36:08.52 126

164 Redding, Jeremy 32 Greater Bois 36:10.80 127

165 McPherson, Philip 24 Boulder Runn 36:11.64 128

166 Emord, Robert 23 Greater Lowe 36:12.58

167 Rose, Todd 31 West Valley 36:12.70 129

168 Armstrong, Travis 28 Greater Bois 36:13.16 130

169 Gourley, Steve 26 Philadelphia 36:13.19 131

170 Glimsdahl, Nicholas 21 Team Foot RX 36:15.14 132

171 Princic, Daniel 25 Run-Insight.com 36:15.29 133

172 Haber, Benjamin 30 Seattle Runn 36:15.60 134

173 Holland, Seth 24 Manhattan Tr 36:15.80 135

174 Walker, Michael 28 Philadelphia 36:16.25 136

175 Bielecki, Gregory 24 Haddonfield RC 36:17.08

176 Mahoney, Brendan 24 Farm Team 36:18.24

177 Wells, Chase 21 Team XO B 36:18.38 137

178 Immel, Steve 28 Transports a 36:18.94

179 Porter, Jason 22 Club Northwest 36:19.69 138

180 Parsel, Patrick 18 unattached 36:20.57

181 Dressel, Matthew 29 Team Eugene 36:21.11 139

182 Anglin, Patrick 25 Manhattan Tr 36:22.45 140

183 Schaefer, Christopher 28 unattached 36:22.87

184 Ahr, Anthony 22 unattached 36:23.02

185 Scott, James 33 Fleet Feet R 36:24.36 141

186 Heitzenrater, Mike 26 Genesee Vall 36:25.58 142

187 Moore, Ricky 24 unattached 36:25.85

188 Galeana, Miguel 31 Club Northwest 36:28.15 143

189 Nixon, Sean 34 West Valley 36:29.15 144

190 Longoria, James 29 Team XO B 36:31.64 145

191 Beck, Jonathan 24 Genesee Vall 36:33.53 146

192 Stout, Jacob 23 Team XO 36:35.04 147

193 Ibarra, Luis 24 Nike Team Run LA 36:35.45

194 Mayall, Mark 33 Reebok Boston 36:36.03 148

195 Lynch, Christopher 30 Cal Coast Tr 36:36.48

196 Salmi, Darren 24 Asics Aggie 36:37.11 149

197 Christman, Michael 26 Manhattan Tr 36:37.57 150

198 Godoy, Ricardo 27 Cal Coast Tr 36:38.44 151

199 Ruiz, Vernon 23 Transports B 36:38.78 152

200 McManus, Mike 39 Transports B 36:39.08 153

201 De Reuck, Darren 39 Running Repu 36:39.41 154

202 Festa, Isaiah 24 Wisconsin Ru 36:39.68 155

203 Michalske, Kevin 30 Run-Insight.com 36:40.54 156

204 Delaney, Jason 24 Adidas/Movin Shoes 36:42.93 157

205 Michael, Brandon 31 UO Running Club 36:43.29 158

206 deWolfe, Dave 24 unattached 36:43.52

207 Alliette, Kevin 23 Boston Athle 36:44.03 159

208 Campbell, Jeff 33 Team Foot RX 36:44.47 160

209 Carr, Shane 31 Wisconsin Ru 36:45.18

210 Venegas, Eddie 26 unattached 36:45.80

211 Rolin, Kristopher 26 Transports B 36:46.85 161

212 Stauffer, Andrew 27 Greater Bois 36:46.92 162

213 Castro, Gregory 19 unattached 36:47.41

214 Monroe, Daniel 25 Atlanta Track Club 36:49.58 163

215 Denning, Lance 43 Running Repu 36:50.14 164

216 Cote, John 23 Manhattan Tr 36:50.42 165

217 Haglund, JB 26 Bryn Mawr Ru 36:51.24 166

218 Corman, Andrew 24 Genesee Vall 36:52.82 167

219 Uzenski, Mathew 22 unattached 36:53.54

220 Bement, Richard 24 Run-Insight.com 36:55.19 168

221 Lynes, Michael 38 Fairhaven Runners 36:55.90 169

222 Dexter, Dale 23 Kansas City Smoke 36:56.92 170

223 Anderson, Paul 25 Philadelphia 36:57.29 171

224 Sheehy, Kevin 35 Greater Bois 36:59.09 172

225 Fishwick, Colin 27 Club Northwest 37:01.70 173

226 Williams, Jesse 27 Seattle Runn 37:03.26 174

227 Gallagher, James 28 Seattle Runn 37:05.82 175

228 Anderson, Ryan 28 Atlanta Track Club 37:06.68 176

229 Sukiennik, Justin 23 Genesee Vall 37:10.88 177

230 Sweeney, Jim 30 Transports B 37:11.67 178

231 Cooley, Matthew 21 unattached 37:12.65

232 Drouet, Jeff 31 Team XO B 37:12.94 179

233 Tolman, Jeremy 27 Team XO 37:13.91 180

234 Frawley, William 34 Philadelphia 37:20.44 181

235 Ellis, Matthew 33 Fairhaven Runners 37:21.71 182

236 Kirk, Brad 36 Wisconsin Ru 37:23.35

237 Schulz, Devan 33 West Valley 37:24.29

238 Weissman, Glen 35 Seattle Runn 37:27.14 183

239 Anderson, Michael 26 Eastside TC 37:27.76 184

240 Wartenburg, Andrew 34 Fairhaven Runners 37:30.07 185

241 Otten, Hans 26 Club Northwest 37:32.99 186

242 Vanderoef, Craig 30 Club Northwest 37:33.28 187

243 Kutter, Thomas 24 Atlanta Track Club 37:35.03 188

244 Greiwe, Mike 26 unattached 37:37.47

245 Siqueiros, Carlos 23 Asics Aggie 37:39.06

246 Backstrom, Jonah 31 West Valley 37:40.00 189

247 Trujillo, Carlos 19 UO Running Club 37:40.34 190

248 Harri, Ed 30 Fairhaven Runners 37:40.81 191

249 Schumacher, David 36 Cal Coast Tr 37:43.19 192

250 Substad, Ross 25 Run N Fun 37:45.85

251 Rivera, Carlos 30 Fast Feet Tr 37:46.32

252 Irwin, Robert 32 Willow Street AC 37:48.49

253 Sipple, John 25 Universal So 37:50.16 193

254 Aguero, Matt 24 Team Foot RX 37:51.05 194

255 Hughes, Ryan 27 Haddonfield RC 37:51.82

256 Dominquez, Fidel 22 unattached 37:53.17

257 Davies, Mark 34 Seattle Runn 37:54.05 195

258 Gilbert, Chris 34 Empire Runners 37:54.24 196

259 Blanco, Gary 37 Empire Runners 37:54.76 197

260 Lemus-Lopez, Oscar 32 Cal Coast Tr 37:55.36 198

261 Doebler, Gabe 27 Team XO B 37:56.09 199

262 Harris, Matthew 28 Fluffy Bunny 37:56.62 200

263 Gerke, Tim 24 Boulder Road 37:58.42 201

264 Lemme, Kent 38 Fast Feet Tr 37:59.10

265 Budic, Timothy 24 Run-Insight.com 38:00.13

266 Garcia, Damian 26 Fluffy Bunny 38:05.33 202

267 Misch, Mark 32 Kansas City Smoke 38:06.28 203

268 Plummer, Jesse 25 Humbolt TC 38:08.37

269 Blouin, John 30 Greater Bost 38:09.07 204

270 Curran, Paul 29 Team Red Lizard 38:11.45

271 Hartsoch, Jacob 30 Fairhaven Runners 38:13.67 205

272 Ream, Jason 22 Run-Insight.com 38:15.36

273 Chen, Wayne 28 Fluffy Bunny 38:16.28 206

274 Rank, Jonathon 18 Seattle Runn 38:21.03 207

275 Purcell, Kevin 28 Fluffy Bunny 38:26.16 208

276 Salvette, Ben 21 Tortoise & H 38:26.85 209

277 Burdett, Francis 39 Greater Lowe 38:30.44

278 Wallbank, Bryan 36 Adidas/Movin Shoes 38:31.24 210

279 Friedman, Jason 29 Haddonfield RC 38:32.76

280 Masarie, Ken 45 Running Repu 38:35.40 211

281 Miller, Don 34 Genesee Vall 38:38.22 212

282 Monk, Michael 26 Atlanta Track Club 38:40.55 213

283 Young, Jason 19 unattached 38:43.31

284 Jones, Eric 35 Greater Bois 38:43.45 214

285 Thompson, Lance 28 Team XO B 38:44.02 215

286 Holappa, Matthew 36 Tortoise & H 38:46.35 216

287 Horan, Michael 24 Fleet Feet R 38:47.20 217

288 Pearson, Joel 19 unattached 38:50.89

289 Salazar, Daniel 39 Seattle Runn 38:51.58

290 Kinch, Dallas 27 Eastside TC 38:52.09 218

291 McCurry, Patrick 27 Eastside TC 38:53.66 219

292 Wells, Christopher 28 Greater Bost 38:54.52 220

293 Contopoulos, Michael 27 Manhattan Tr 38:57.33 221

294 Gall, Benjamin 25 Eastside TC 38:59.79 222

295 Inzunza, Albar 25 Cal Coast Tr 39:04.80 223

296 Sybrowsky, Brandon 34 Seattle Runn 39:06.70

297 Brown, Kenneth 35 Empire Runners 39:08.38 224

298 Staroba, John 25 Empire Runners 39:14.13 225

299 Bohn, Eric 38 Empire Runners 39:17.27 226

300 Kyle, David 27 West Valley 39:22.72 227

301 Sakalowsky, Peter 34 Fluffy Bunny 39:26.74 228

302 Kartschoke, Chistopher 36 Run N Fun 39:28.80

303 Hargleroad, Matthew 23 Fleet Feet R 39:29.35 229

304 Tiede, Craig 23 Universal So 39:30.72 230

305 Weich, Greg 33 Boulder Road 39:43.47 231

306 Ullman, Kevin 25 Team XO B 39:55.00 232

307 Cowger, Colin 21 unattached 39:58.41

308 Alessandro, Kevin 24 Fleet Feet R 40:02.16 233

309 Bradshaw, Dave 26 Genesee Vall 40:07.74 234

310 Trujillo, Esteban 19 UO Running Club 40:13.53 235

311 Lombardo, Steven 36 Fast Feet Tr 40:21.03

312 Fialkovich, John 24 Greater Bost 40:24.74 236

313 Rosales, Daniel 37 unattached 40:31.44

314 Gough, Steve 31 Humbolt TC 40:43.25

315 Brittain, Todd 25 Fairhaven Runners 40:52.02 237

316 Temple, John 32 Universal So 40:52.95 238

317 Chenard, Pete 34 Adidas/Movin Shoes 40:59.15 239

318 Yorges, Christopher 39 Fibo Track Club 41:01.02

319 Davis, Paul 31 unattached 41:04.54

320 Newsham, Bill 39 Greater Bost 41:08.23 240

321 Stueve, Jason 34 Running Repu 41:18.63 241

322 Russell, Justin 23 Tortoise & H 41:22.91 242

323 Kinnunen, Joel 38 U.S. Air Force 41:24.95

324 Correa, Kevin 23 Tortoise & H 41:30.00 243

325 Samborn, Christopher 24 Tortoise & H 41:35.40 244

326 Hardebeck, Curtis 39 Fairhaven Runners 41:39.01 245

327 Poerner, Bryan 28 Philadelphia 41:39.35

328 Lubratich, Brent 22 Humbolt TC 41:39.50

329 Buckley, Phillip 38 Boulder Road 41:48.30 246

330 Manley, Brian 41 Boulder Road 41:53.19 247

331 Woodley, Steve 39 Bowerman Ath 42:04.77 248

332 Cloherty, Brian 36 Bellmore Striders 42:15.56

333 Sully, Kevin 20 UO Running Club 42:35.65 249

334 Norman, James 26 unattached 42:42.47

335 Michaels, Jacob 37 West Valley 43:39.68 250

336 Gaines, Adam 30 unattached 43:45.83

337 Randolfi, Anthony 23 Greater Long 43:55.15

338 Grichel, Steve 30 Fairhaven Runners 44:23.88

339 Reese, Nathan 19 UO Running Club 44:42.28 251

340 Downing, Eric 33 Empire Runners 44:44.16 252

341 Martindale, Robert 25 unattached 44:50.80

342 Bostwick, Larry 31 Tortoise & H 45:12.33 253

343 Nelson, Doug 32 Humbolt TC 45:40.43

344 Bliven, Jeff 36 Boulder Road 46:16.24 254

345 Daer, David 39 unattached 46:57.51

346 Jensen, Mark 29 Bowerman Ath 47:53.55 255

347 Buckley, Jim 47 Running Repu 50:05.55 256

348 Nix, Michael 34 Tortoise & H 51:26.49 257

Team Scores

=================================================================================

Rank Team Total 1 2 3 4 5 \*6 \*7 \*8 \*9

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1 Farm Team 89 7 11 13 21 37 51 62

Total Time: 2:50:20.58

Average: 34:04.12

2 Hansons-Brooks Distance P 114 9 15 19 35 36 45 67

Total Time: 2:51:14.01

Average: 34:14.81

3 Asics Aggie Running Club 191 6 12 18 75 80 103 149

Total Time: 2:52:13.74

Average: 34:26.75

4 Sports Warrior Track Club 195 31 33 38 43 50

Total Time: 2:53:06.41

Average: 34:37.29

5 Wisconsin Runner Racing T 216 26 30 46 56 58 84 155

Total Time: 2:53:30.27

Average: 34:42.06

6 Nike Team Run LA 224 25 39 40 55 65 89 126

Total Time: 2:53:37.21

Average: 34:43.45

7 Transports adidas Racing 264 27 34 57 70 76 85 111

Total Time: 2:54:19.74

Average: 34:51.95

8 Team XO 267 1 4 72 91 99 147 180

Total Time: 2:53:03.20

Average: 34:36.64

9 Boston Athletic Associati 272 2 16 69 92 93 124 159

Total Time: 2:53:47.40

Average: 34:45.48

10 Bryn Mawr Running Club 302 22 29 60 95 96 102 166

Total Time: 2:54:59.76

Average: 34:59.96

11 Boulder Running Company/a 346 24 42 87 88 105 128

Total Time: 2:55:47.76

Average: 35:09.56

12 Run-Insight.com 355 3 44 66 109 133 156 168

Total Time: 2:55:23.71

Average: 35:04.75

13 Run N Fun 365 53 54 71 86 101 121 125

Total Time: 2:56:13.58

Average: 35:14.72

14 Philadelphia Track Club 392 20 23 82 131 136 171 181

Total Time: 2:56:31.20

Average: 35:18.24

15 Universal Sole-Reebok 394 8 28 61 104 193 230 238

Total Time: 2:56:42.01

Average: 35:20.40

16 Team Foot RX Virginia 407 5 10 100 132 160 194

Total Time: 2:56:04.18

Average: 35:12.84

17 Reebok Boston 419 41 63 77 90 148

Total Time: 2:57:08.58

Average: 35:25.72

18 Team Eugene 431 17 52 110 113 139

Total Time: 2:57:23.11

Average: 35:28.63

19 Atlanta Track Club 520 14 73 94 163 176 188 213

Total Time: 2:58:52.53

Average: 35:46.51

20 Eastside TC 585 32 68 83 184 218 219 222

Total Time: 3:01:18.48

Average: 36:15.70

21 Transports B 637 59 112 152 153 161 178

Total Time: 3:01:02.78

Average: 36:12.56

22 Adidas/Movin Shoes 647 47 115 118 157 210 239

Total Time: 3:02:01.89

Average: 36:24.38

23 Bowerman Athletic Club 668 79 108 116 117 248 255

Total Time: 3:05:23.62

Average: 37:04.73

24 Greater Boise Running Clu 669 78 127 130 162 172 214

Total Time: 3:01:30.07

Average: 36:18.02

25 Manhattan Track Club 671 81 135 140 150 165 221

Total Time: 3:01:28.94

Average: 36:17.79

26 Kansas City Smoke 679 64 119 123 170 203

Total Time: 3:02:12.68

Average: 36:26.54

27 Genesee Valley Harriers 681 49 142 146 167 177 212 234

Total Time: 3:01:53.43

Average: 36:22.69

28 Cal Coast Track Club 696 48 107 151 192 198 223

Total Time: 3:02:58.53

Average: 36:35.71

29 West Valley Track Club In 696 114 120 129 144 189 227 250

Total Time: 3:02:25.45

Average: 36:29.09

30 Seattle Running Club 740 74 134 174 175 183 195 207

Total Time: 3:03:06.66

Average: 36:37.34

31 Club Northwest 762 122 138 143 173 186 187

Total Time: 3:03:26.84

Average: 36:41.37

32 Fleet Feet Racing - Louis 790 97 106 141 217 229 233

Total Time: 3:06:08.44

Average: 37:13.69

33 Team XO B 875 137 145 179 199 215 232

Total Time: 3:06:43.07

Average: 37:20.62

34 Fairhaven Runners 932 169 182 185 191 205 237 245

Total Time: 3:07:42.16

Average: 37:32.44

35 Greater Boston Track Club 998 98 204 220 236 240

Total Time: 3:14:14.18

Average: 38:50.84

36 Running Republic of Bould 1026 154 164 211 241 256

Total Time: 3:23:29.13

Average: 40:41.83

37 Fluffy Bunny Track Club 1044 200 202 206 208 228

Total Time: 3:12:11.13

Average: 38:26.23

38 Empire Runners 1068 196 197 224 225 226 252

Total Time: 3:13:28.78

Average: 38:41.76

39 UO Running Club 1083 158 190 235 249 251

Total Time: 3:21:55.09

Average: 40:23.02

40 Tortoise & Hare Running C 1154 209 216 242 243 244 253 257

Total Time: 3:21:41.51

Average: 40:20.31

41 Boulder Road Runners 1179 201 231 246 247 254

Total Time: 3:27:39.62

Average: 41:31.93